



"Always Be Epic" represents the spirit and drive of those who challenge themselves through a fusion of fitness, lifestyle, culture, and inspiration.

kayak (2.5 miles), bike (157 miles overnight), and foot (26.2 miles) from an island in Maine to the finish line of the Boston Marathon, in 24 hours.

This year Trek Portsmouth is once again proud to announce our sponsorship of the Portland to Portsmouth Epic bike leg.

We invite you to share in a part of this epic journey!

When: Sunday April 17th, noonish

Where: Departing from Flatbread Co. Portland ME and riding to Trek Portsmouth, Portsmouth NH for a post race party of beers and burritos – a destination for our riders and a quick stop for our intrepid Epic peeps who we will see off on their way through the night to Hopkinton and the Boston Marathon.

Why: Trek Portsmouth's Portland to Portsmouth ride will benefit Team Trevor, a local charity fighting to find a cure for Cystic Fibrosis.

<http://teamtrevor.org/index.htm>

There is no fundraising minimum, but as an incentive to help out TT, Trek Portsmouth will donate \$5 for every \$50 you raise as either store credit or an extra donation to TT.

For more information contact Olivia@trekportsmout.com, to register just fill out the form below.

Let's Get Epic!

EpicMan Trek Portland to Portsmouth Ride.

April 17th, 2011 from Flatbread Company, Portland, ME to Trek Portsmouth, Portsmouth NH.

Name: _____

Street: _____

City, State, Zip: _____

Phone: _____

Cell: _____

Email: _____

Predicted ride pace for 50 miles: _____

Emergency contact name: _____

Emergency contact phone: _____

ONE DAY PARTICIPANT LIABILITY RELEASE/ CONSENT AND INFORMATION RELEASE

1. In recognition of the risk of injury while participating in this fundraising event for Team Trevor (the "Event"), and as consideration for the right to participate in the Event, I hereby for myself, my heirs, executors, administrators, assigns, or personal representatives knowingly and voluntarily enter into this waiver and release of liability ("Agreement") and hereby waive any and all rights, claims or causes of action of any kind whatsoever arising out of my participation in the Event, and do hereby release and forever discharge Trek Portsmouth and its affiliates, managers, members, agents, attorneys, employees, volunteers, heirs, representatives, predecessors, successors and assigns, Trek Portsmouth and its affiliates, managers, members, agents, attorneys, employees, volunteers, heirs, representatives, predecessors, successors and assigns, the event site and its agents, attorneys, employees, volunteers, heirs, representatives, predecessors, successors and assigns and all sponsors and/or beneficiaries of the Event (collectively "Hosts") from any and all liability, claims, demands, damages, actions, or causes of action now existing or which hereinafter may arise as a result of my participation in the Event, whether any injury is caused by the negligence of the Hosts, the negligence of myself or third parties, the conditions of the course or any other cause.

2. I agree to indemnify and save harmless the Hosts against any and all claims, suits or actions of any kind whatsoever for liability, damages, compensation or otherwise brought by me or anyone on my behalf, including attorneys' fees, if litigation arises on account of claims made by me or anyone on my behalf.

3. I attest that I am physically fit and have trained sufficiently for the Events, and that a licensed medical doctor has verified my physical condition. I also recognize that various photographs and video recordings will be taken during the Event, and I agree to grant the Hosts full permission to use any photographs and/or video recordings of the Event that contain my likeness for any purpose whatsoever. For safety purposes, I agree to refrain from using headphones and/or cellular phones during the Event.

4. I acknowledge that this Agreement is the entire agreement between the Hosts and me, and that this Agreement cannot be modified or changed in any way by representations or statements of the Host or by me.

5. I hereby declare that I have read and fully understand the terms and conditions of this Agreement and that, by clicking "I Agree" below, I assent to all of the terms and conditions of the Agreement. *A parent/legal guardian must sign this form if participant is under age 18 on the date this Release is signed. The undersigned certifies that he/she is the parent or legal guardian of the participant, and as such and on behalf of myself and the participant agrees to the terms of the Release, releases all parties and entities set forth above from all Liabilities, and indemnifies and holds harmless LLS from all Liabilities.*

DATE _____ SIGNATURE _____ GUARDIAN (UNDER 18) _____

Please drop or mail to Trek Portsmouth, 775 Lafayette Rd, Portsmouth, NH 03801.

Or email to Olivia@trekportsmouth.com

Once your registration has been received you will be contacted by Olivia regarding start time.